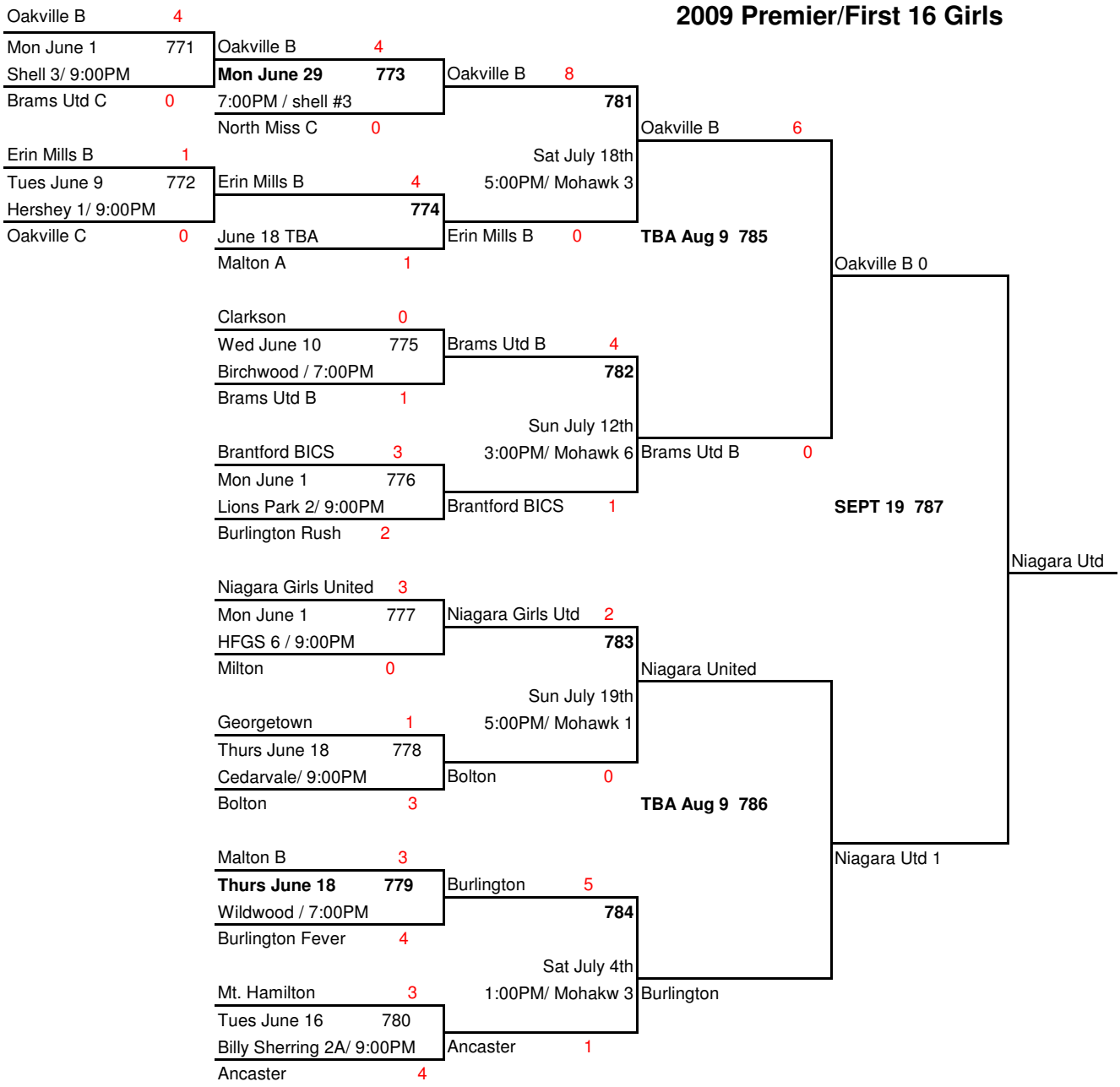2009 Premier/First 16 Girls