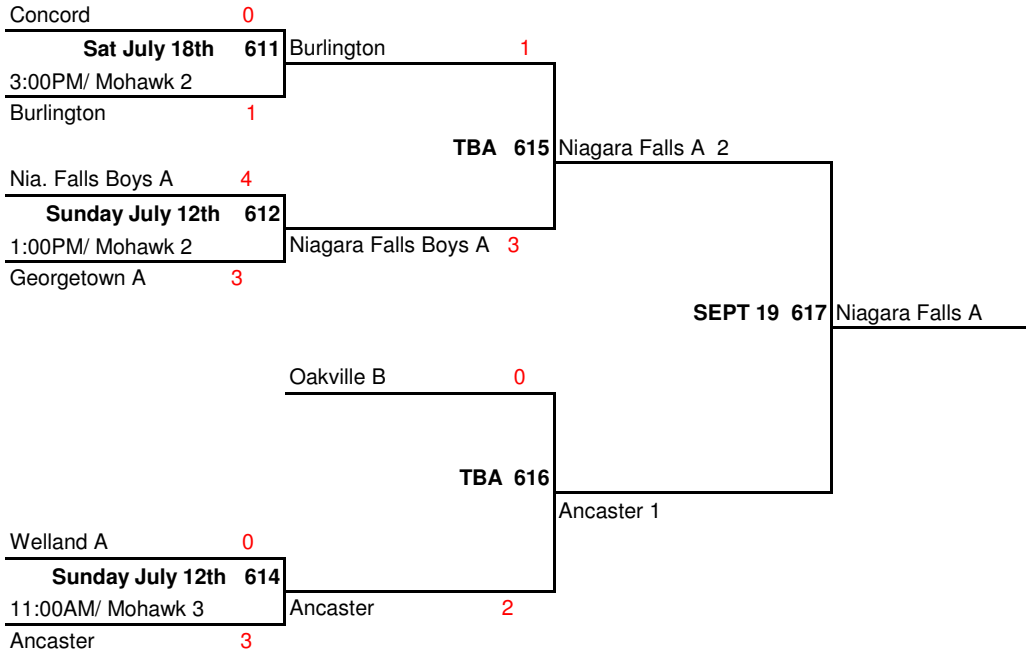2009 Premier 14 Boys