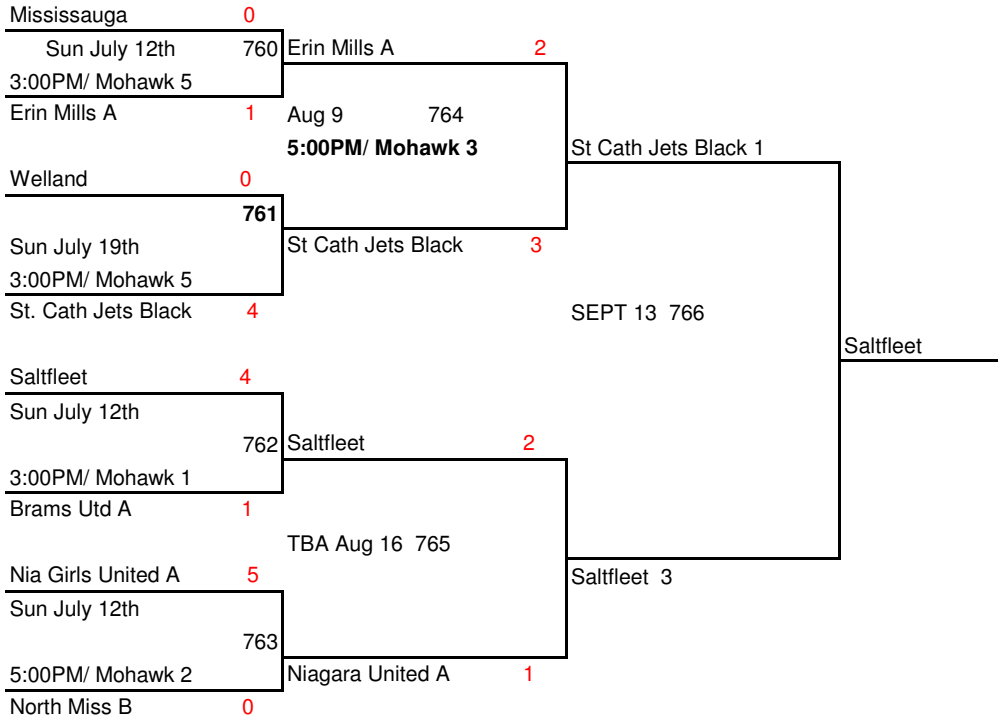2009 Elite 16 Girls