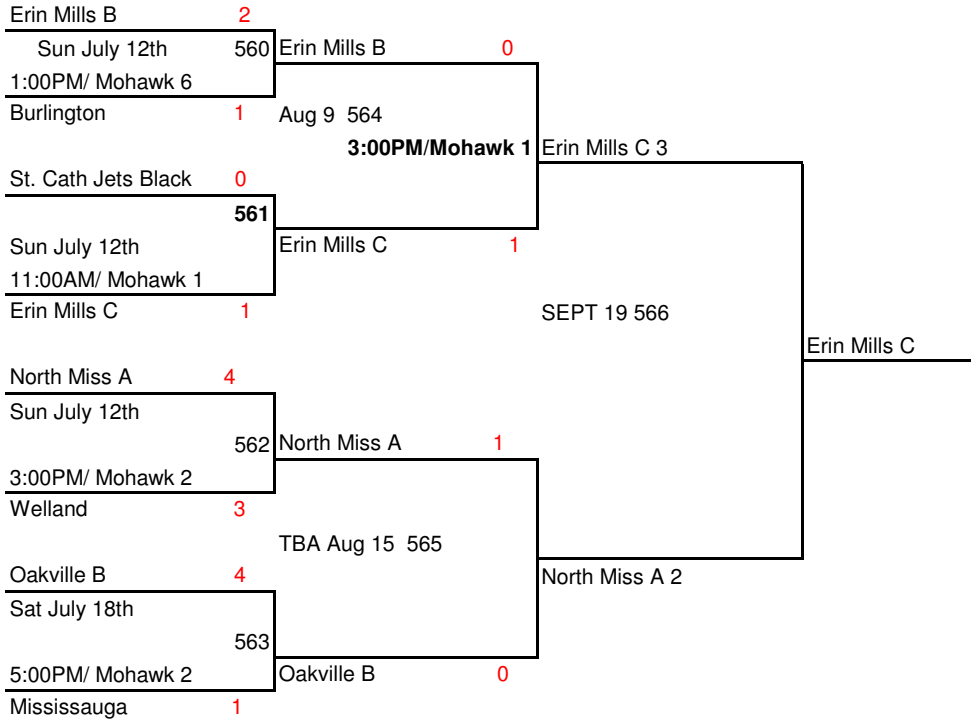2009 Elite 14 Girls