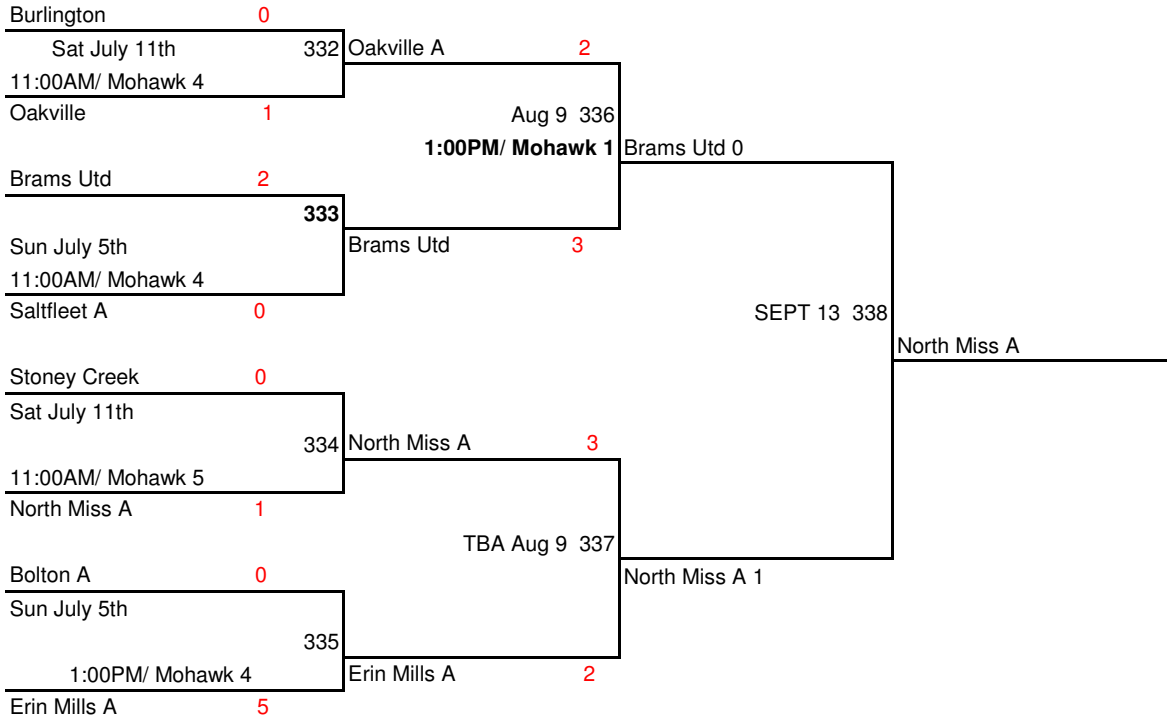2009 Elite 12 Girls